

NICOTINE AND TOXICANT EXPOSURE FROM E-CIGARETTES

Marcus Munafò

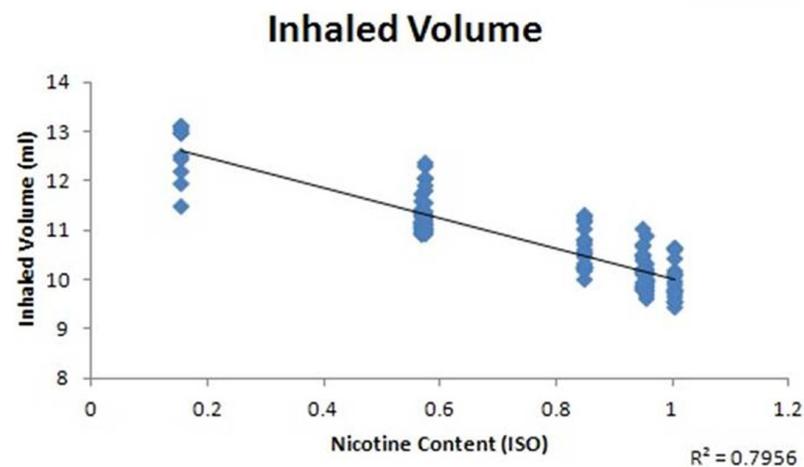
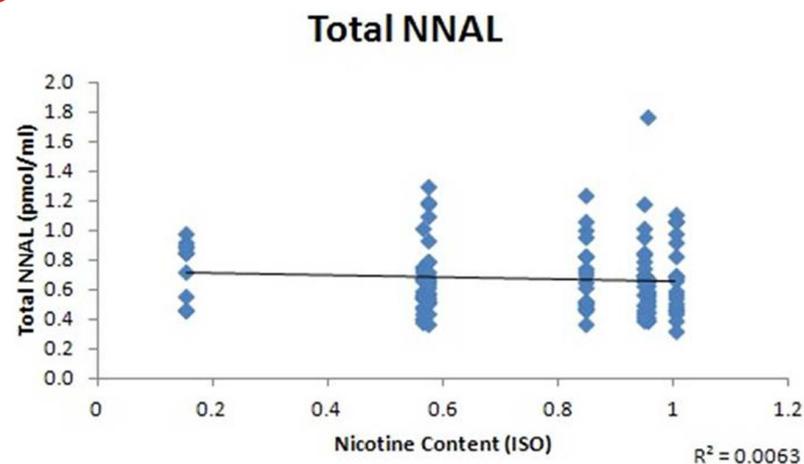
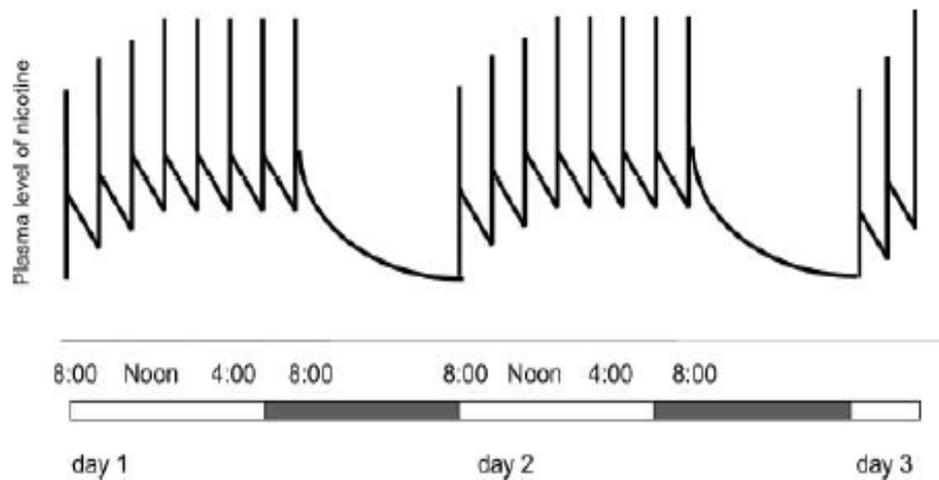
With thanks to:

Konstantinos Farsalinos
Maciej Goniewicz
Peter Hajek

Disclosure

I have received research support from GlaxoSmithKline, Pfizer, and Rusan Pharma who manufacture smoking cessation products.

Nicotine and Smoking



Munafò & McNeill (2013). J Psychopharmacol, 27, 13-18.

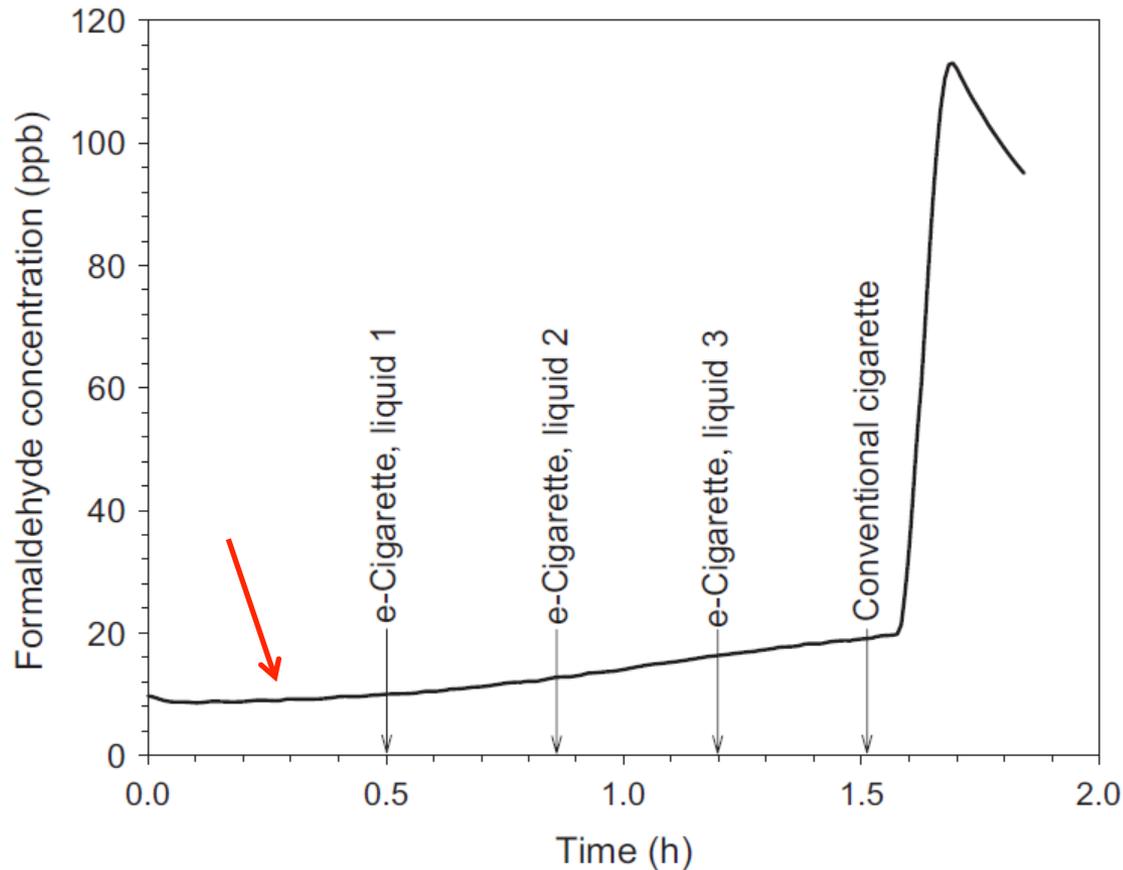
Nicotine vs Smoking

Table 4 Concentrations ($\mu\text{g}/\text{m}^3$) of selected compounds during the 8- m^3 emission test chamber measurement of e-cigarette A and conventional cigarette using Tenax TA and DNPH

Compounds	CAS	Participant blank	E-cigarette			Conventional cigarette
			Liquid 1	Liquid 2	Liquid 3	
1,2-Propanediol	57-55-6	<1	<1	<1	<1	112
1-Hydroxy-2-propanone	116-09-6	<1	<1	<1	<1	62
2,3-Butanedione	431-03-8	<1	<1	<1	<1	21
2,5-Dimethylfuran	625-86-5	<1	<1	<1	<1	5
2-Butanone (MEK)	78-93-3	<1	2	2	2	19
2-Furaldehyde	98-01-1	<1	<1	<1	<1	21
2-Methylfuran	534-22-5	<1	<1	<1	<1	19
3-Ethenyl-pyridine ^a	1121-55-7	<1	<1	<1	<1	24
Acetic acid	64-19-7	<1	11	13	14	68
Acetone	67-64-1	<1	17	18	25	64
Benzene	71-43-2	<1	<1	<1	<1	22
Isoprene	78-79-5	8	6	7	10	135
Limonene	5989-27-5	<1	<1	<1	<1	21
m,p-Xylene	1330-20-7	<1	<1	<1	<1	18
Phenol	108-95-2	<1	<1	<1	<1	15
Pyrrole	109-97-7	<1	<1	<1	<1	61
Toluene	108-88-3	<1	<1	<1	<1	44
Formaldehyde ^b	50-00-0	<1	8	11	16	86
Acetaldehyde ^b	75-07-0	<1	2	2	3	119
Propanal ^b	123-38-6	<0.2	<0.2	<0.2	<0.2	12

Schripp et al. (2013). Indoor Air, 23, 25-31.

Nicotine vs Smoking



Formaldehyde levels after e-cigarette and cigarette use in chamber (8 m³)

Elevated levels detected **before** e-cigarette use (red arrow)...

Source of formaldehyde internal metabolism and breath of volunteer

Schripp et al. (2013). *Indoor Air*, 23, 25-31.



University of
BRISTOL

MRC

Integrative
Epidemiology
Unit

Nicotine vs Smoking

Parameter	Sampling time Minutes	Sampled volume Liters 20°C 0,101 MPa	Mean concentration $\mu\text{g}/\text{m}^3$ a 20°C e 0,101 MPa
Naphthalene	300	570,06	2,78
Acenaphthylene	300	570,06	< 0,02
Acenaphthene	300	570,06	0,19
Fluorene	300	570,06	0,47
Phenanthrene	300	570,06	0,37
Anthracene	300	570,06	< 0,04
Fluoranthene	300	570,06	0,13
Pyrene	300	570,06	< 0,01
Benzo(a)anthracene	300	570,06	< 0,16
Chrysene	300	570,06	5,46
Benzo(b)fluoranthene	300	570,06	< 0,33

Smokers (n = 5) and
vapers (n = 5)

Hotel room (60 m³)
on separate days

Ad libitum use of
cigarette / e-cigarette

Cigarette

Romagna et al. (2012). SRNT Europe Annual Meeting.

Nicotine vs Smoking

Parameter	Sampling time Minutes	Sampled volume Liters 20°C 0,101 MPa	Mean concentration
			$\mu\text{g}/\text{m}^3$ a 20°C e 0,101 MPa
Naphthalene	300	570,06	2,78
Acenaphthylene	300	570,06	< 0,02
Acenaphthene	300	570,06	0,19
Fluorene	300	570,06	0,47
Phenanthrene	300	570,06	0,37
Anthracene	300	570,06	< 0,04
Fluoranthene	300	570,06	0,13
Pyrene	300	570,06	< 0,01
Benzo(a)anthracene	300	570,06	< 0,16
Chrysene	300	570,06	5,46
Benzo(b)fluoranthene	300	570,06	< 0,33

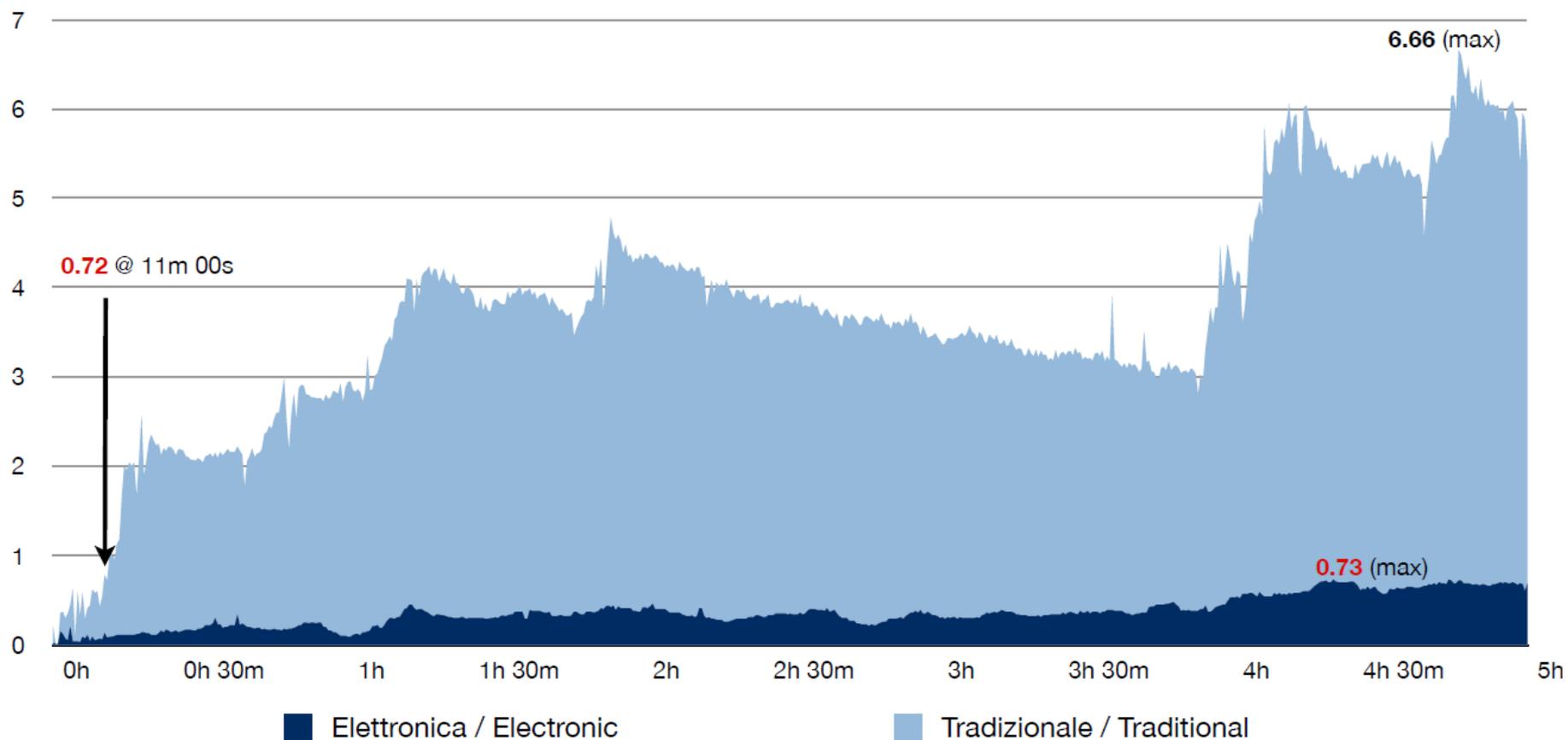
Cigarette

Mean concentration $\mu\text{g}/\text{m}^3$ a 20°C e 0,101 MPa
< 0,02
< 0,02
< 0,03
< 0,06
< 0,08
< 0,04
< 0,02
< 0,01
< 0,16
< 0,14
< 0,33

E-Cigarette

Romagna et al. (2012). SRNT Europe Annual Meeting.

Nicotine vs Smoking



Romagna et al. (2012). SRNT Europe Annual Meeting.

Passive Smoking vs Vaping

- Deaths attributable to smoking in UK ~101,000/yr
- Deaths attributable to passive smoking in UK ~11,000/yr
- Exposure due to **active** vaping is **much less** than from active smoking
- Passive exposure to vaping is likely to be **much less harmful** than exposure from active vaping

Acknowledgements

marcus.munafo@bristol.ac.uk

@MarcusMunafo

@BristolTARG

<http://www.bristol.ac.uk/expsych/research/brain/targ/>



UKCTAS

UK Centre for Tobacco & Alcohol Studies

Angela Attwood	Postdoc
Kate Button	Postdoc
Michael Dalili	PhD Student
Kayleigh Easey	PhD Student
Meg Fluharty	PhD Student
Therese Freuler	Research Assistant
Suzi Gage	Postdoc
Harry Gove	Research Assistant
Meryem Grabski	PhD Student
Sarah Griffiths	PhD Student
Lee Harrison	PhD Student
Eleanor Kennedy	PhD Student
Jasmine Khouja	Research Assistant
Glenda Lassi	Postdoc
Rebecca Lawn	PhD Student
Jim Lumsden	PhD Student
Olivia Maynard	Postdoc
Diana Pratt	Administrator
Andy Skinner	Postdoc
Amy Taylor	Postdoc
Michelle Taylor	PhD Student
Lea Trela-Larsen	PhD Student
David Troy	PhD Student
Jennifer Ware	Postdoc



University of
BRISTOL

MRC

Integrative
Epidemiology
Unit