

# NICOTINE AND TOXICANT EXPOSURE FROM E-CIGARETTES

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Marcus Munafò

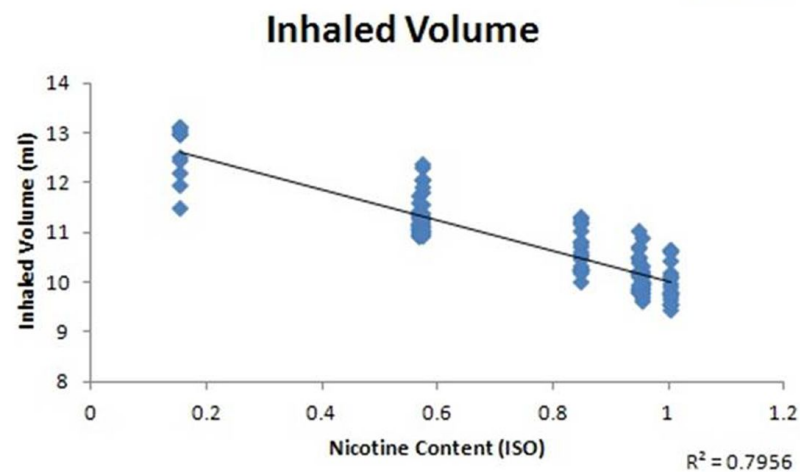
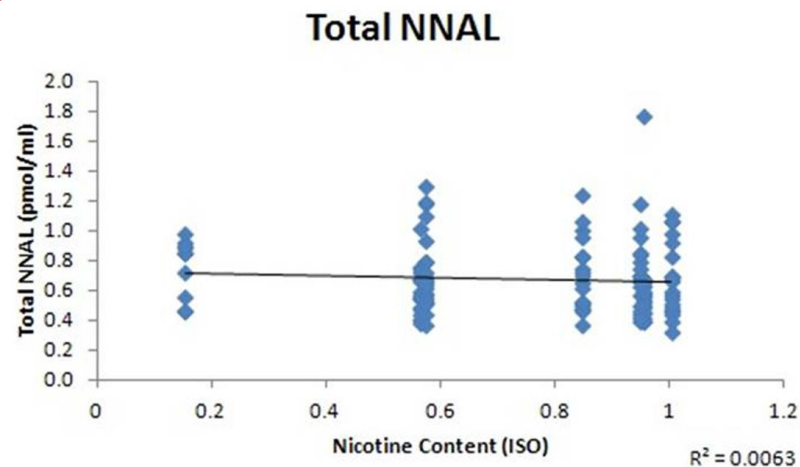
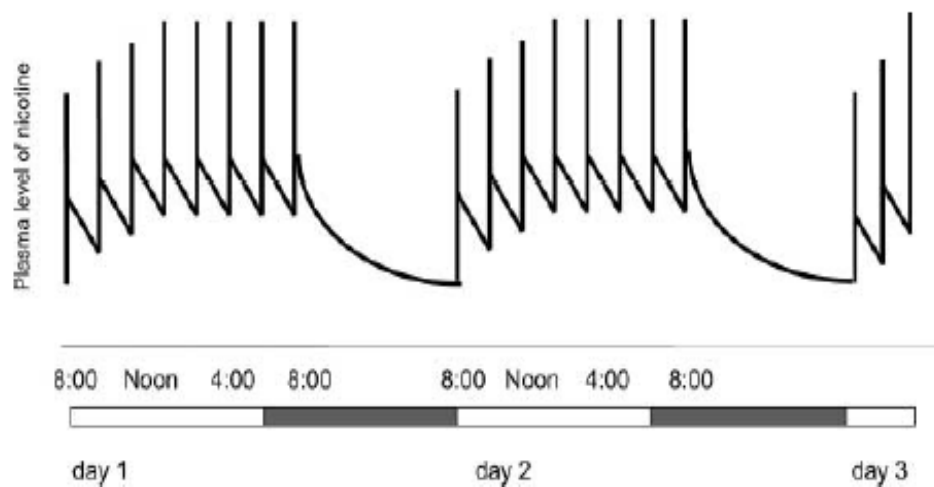
With thanks to:

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# Disclosure

I have received research support from GlaxoSmithKline, Pfizer, and Rusan Pharma who manufacture smoking cessation products.

# Nicotine and Smoking



Munafò & McNeill (2013). J Psychopharmacol, 27, 13-18.

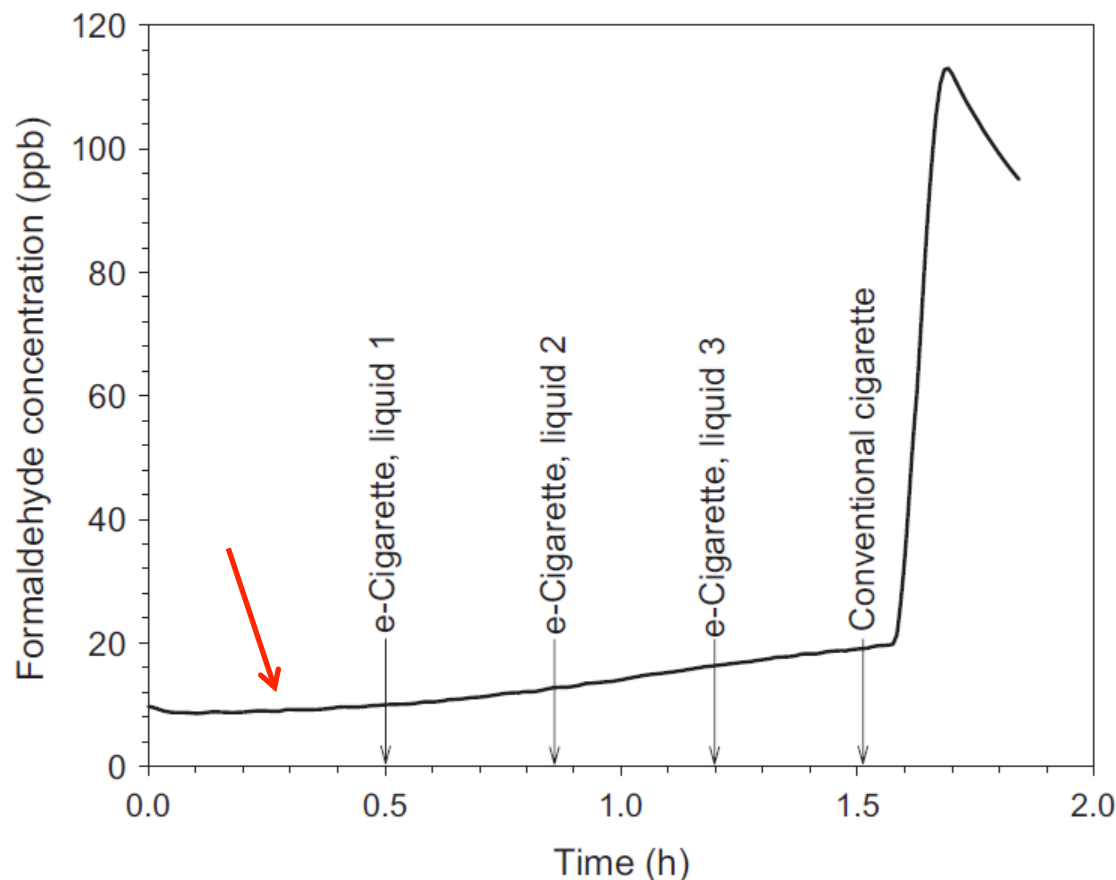
# Nicotine vs Smoking

**Table 4** Concentrations ( $\mu\text{g}/\text{m}^3$ ) of selected compounds during the 8- $\text{m}^3$  emission test chamber measurement of e-cigarette A and conventional cigarette using Tenax TA and DNPH

Compounds	CAS	Participant blank	E-cigarette			Conventional cigarette
			Liquid 1	Liquid 2	Liquid 3	
1,2-Propanediol	57-55-6	<1	<1	<1	<1	112
1-Hydroxy-2-propanone	116-09-6	<1	<1	<1	<1	62
2,3-Butanedione	431-03-8	<1	<1	<1	<1	21
2,5-Dimethylfuran	625-86-5	<1	<1	<1	<1	5
2-Butanone (MEK)	78-93-3	<1	2	2	2	19
2-Furaldehyde	98-01-1	<1	<1	<1	<1	21
2-Methylfuran	534-22-5	<1	<1	<1	<1	19
3-Ethenyl-pyridine <sup>a</sup>	1121-55-7	<1	<1	<1	<1	24
Acetic acid	64-19-7	<1	11	13	14	68
Acetone	67-64-1	<1	17	18	25	64
Benzene	71-43-2	<1	<1	<1	<1	22
Isoprene	78-79-5	8	6	7	10	135
Limonene	5989-27-5	<1	<1	<1	<1	21
m,p-Xylene	1330-20-7	<1	<1	<1	<1	18
Phenol	108-95-2	<1	<1	<1	<1	15
Pyrrole	109-97-7	<1	<1	<1	<1	61
Toluene	108-88-3	<1	<1	<1	<1	44
Formaldehyde <sup>b</sup>	50-00-0	<1	8	11	16	86
Acetaldehyde <sup>b</sup>	75-07-0	<1	2	2	3	119
Propanal <sup>b</sup>	123-38-6	<0.2	<0.2	<0.2	<0.2	12

Schripp et al. (2013). Indoor Air, 23, 25-31.

# Nicotine vs Smoking



Formaldehyde levels after e-cigarette and cigarette use in chamber ( $8 \text{ m}^3$ )

Elevated levels detected **before** e-cigarette use (red arrow)...

Source of formaldehyde internal metabolism and breath of volunteer

Schripp et al. (2013). Indoor Air, 23, 25-31.

# Nicotine vs Smoking

Parameter	Sampling time Minutes	Sampled volume Liters 20°C 0,101 MPa	Mean concentration $\mu\text{g}/\text{m}^3$ a 20°C e 0,101 MPa
Naphthalene	300	570,06	2,78
Acenaphthylene	300	570,06	< 0,02
Acenaphthene	300	570,06	0,19
Fluorene	300	570,06	0,47
Phenanthrene	300	570,06	0,37
Anthracene	300	570,06	< 0,04
Fluoranthene	300	570,06	0,13
Pyrene	300	570,06	< 0,01
Benzo(a)anthracene	300	570,06	< 0,16
Chrysene	300	570,06	5,46
Benzo(b)fluoranthene	300	570,06	< 0,33

Smokers (n = 5) and  
vapers (n = 5)

Hotel room (60 m<sup>3</sup>)  
on separate days

Ad libitum use of  
cigarette / e-cigarette

**Cigarette**

Romagna et al. (2012). SRNT Europe Annual Meeting.



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**Cigarette**

Mean concentration $\mu\text{g}/\text{m}^3$ a 20°C e 0,101 MPa
< 0,02
< 0,02
< 0,03
< 0,06
< 0,08
< 0,04
< 0,02
< 0,01
< 0,16
< 0,14
< 0,33

**E-Cigarette**

Romagna et al. (2012). SRNT Europe Annual Meeting.

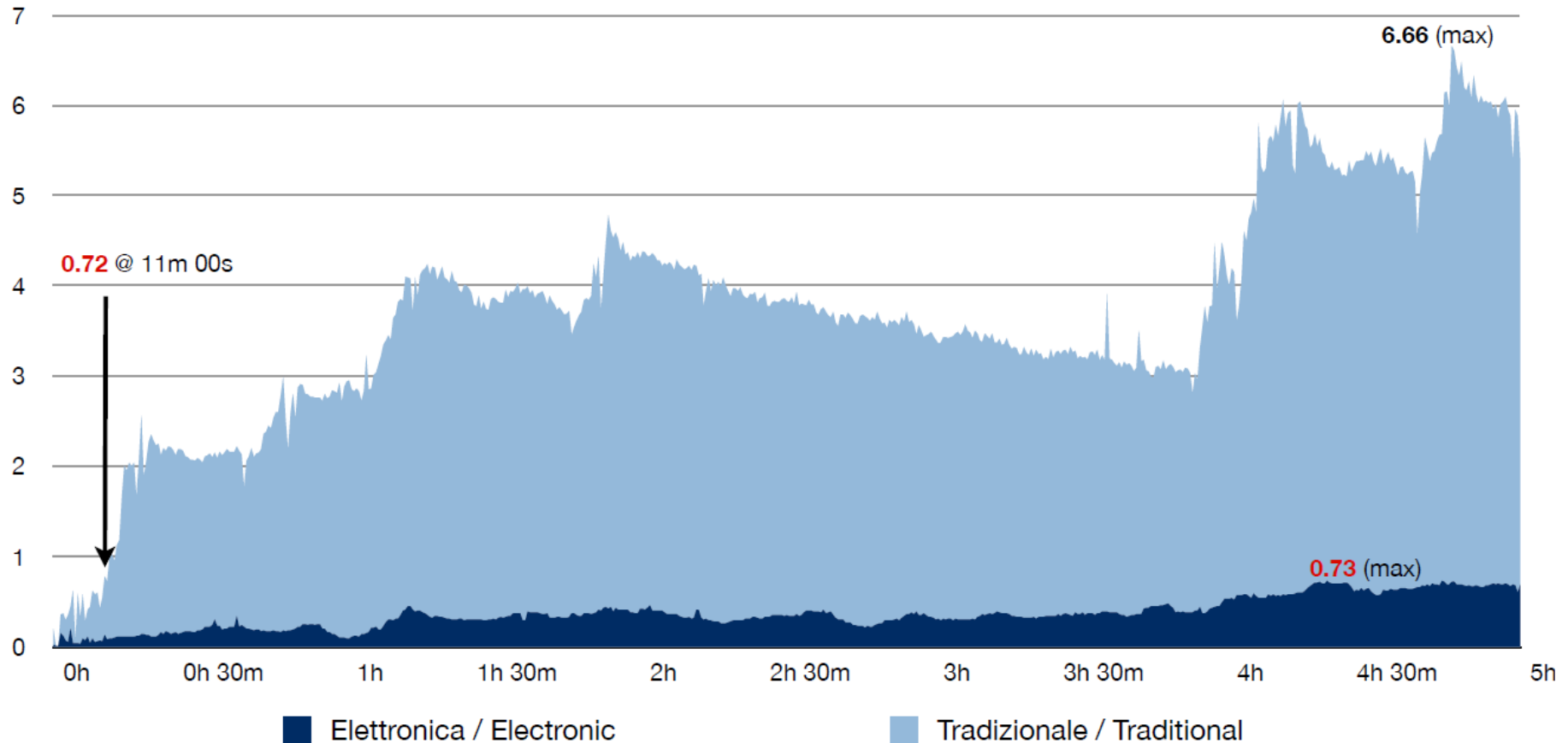


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# Nicotine vs Smoking



Romagna et al. (2012). SRNT Europe Annual Meeting.



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# Passive Smoking vs Vaping

- Deaths attributable to smoking in UK ~101,000/yr
- Deaths attributable to passive smoking in UK ~11,000/yr
- Exposure due to **active** vaping is **much less** than from active smoking
- Passive exposure to vaping is likely to be **much less harmful** than exposure from active vaping

# Acknowledgements

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<http://www.bristol.ac.uk/expsych/research/brain/targ/>



## UKCTAS

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